

# THE LOST CHAPTER



## FINDING YOUR PURPOSE

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*Commanding Your Life*

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*The book, "The One Command<sup>®</sup>" written by Asara Lovejoy, inspired this work. "The One Command<sup>®</sup>" process is the sole work of Asara Lovejoy. The author makes no claims other than being a Certified Seminar Leader and as a Practitioner who teaches others the process and uses the technique.*

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## THE LOST CHAPTER

### FINDING YOUR PURPOSE

*The purposes of a person's heart are deep waters,  
but one who has insight draws them out.*

**- Proverbs 20:5**

Today many people talk about reinventing themselves. To me, re-invention means, "I am out of work and I need to find a profession where someone like me is hired." Alternatively, it can also mean you are not happy where you are or you are feeling lost or adrift in your life. You could be in a state of mind where you feel confused or as though you are not who you were meant to become. Wouldn't it be great, if you took this opportunity, to find out what truly makes you happy when you are actively engaging?

When God created you, He destroyed the mold. He created you with everything you would need to be a great and glorious person. God has been working in the background getting everything ready for you. He has set everything in motion, so that the work that you do, will be part of His wonderful work. It isn't that you need to reinvent yourself. You just have not found the real you; the one that God envisioned for you.

No matter where you are in your journey, you may want to bring new meaning into your life. What can you do or be that will bring you joy and happiness? It is always the right time to regroup and determine what the best course is, for you and your life.

Seriously, if you are in your 20's or 30's re-inventing yourself may not be very frightening. You are at the beginning of your life and

have the time to explore who you want to be more thoroughly.

Re-invention may not be bad in your 40's. However when you are in your 50's or even your 60's you are wondering who will hire you and why. You may be wondering why you have wasted your life doing things that have not fulfilled your greatest desires. On the other hand, you may be feeling that it is too late to find a new life or career, when in reality this could be the opportunity of a lifetime.

Maybe you are retired and you are looking for ways to give back to society or even to stay busy.

In 1993, I had the opportunity to accept a buyout from my employer or continue to work there with the hope that I would be able to hang on long enough to retire. When I decided to take the buyout, I had no idea whether I would find a new job or what I would do. I truly believed that it would be OK and it was.

I wish I could say I prayed on the decision, in the traditional manner. However, I did not. I trusted that the right decision would be given to me and the outcome would be in the best interest of my family. I trusted in my personal relationship with God. I trusted that he heard me when I spoke.

*The LORD is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song, I praise him. - Psalm 28:7*

This is so very true. I put my trust in Him. I had no reason to be afraid. As it was, I did not have one moment of fear when I turned in my paperwork. Faith kept me going.

I had the privilege of working at a position that I truly enjoyed. I was teaching adults. How did I come to be in a job that allowed me

to get up each morning, looking forward to my day? Did I take the journey of finding my purpose earlier in my life? Did I reinvent myself? In a manner of speaking I did. I did not have "*The One Command*" to help me back in the 80's when I concluded that I wanted to be an instructor. There were a number of things that happened which lead me to the discovery of my life's work. However, let me put my story on hold for now and let's talk about what you can do to find your purpose or passion.

*For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.*

**- Ephesians 2:10**

### Questions to Ask

Have you come to identify the program that continues to run within your subconscious about how hard life is or how you have to work hard to get ahead or you are not able to (fill in the blank)? Are you willing to let go of your limiting beliefs and ways of seeing the world that no longer serve you or your good?

What if you loved what you did so much, you were willing to pay someone for the privilege? It is possible to enjoy your life joyously, easily and effortlessly.

If you are not sure what your purpose or passion is, it may be time to find out. Do you want to know what your purpose in life is, today? Actually, you already know what it is, however, it is currently buried in your sub-conscious mind. Your DNA has been imprinted with the information you need to be a success when you follow your heart. In order to know what to do to fulfill your purpose in life, all you

need to do is ask for guidance from the Creator/The Universe/Higher Intelligence/God. I choose to use the phrase "The Great I Am".

Many of us have allowed friends and family to influence our decisions because we may think they know what is best for us. It may be they want you to join the family business or everyone in the family became a (you fill in the blank). A guidance counselor who really didn't know your talents or desires may have influenced you. You may have put your passion on the back burner because you had to get a job to support your family.

Have you gone to school to learn one thing only to discover that you are miserable being in that profession? Have you passed up a chance to go, do or be something that you had dreamed of because someone said it couldn't be done? Have you turned away from something you loved because your best friend said, "No one from our neighborhood has ever (fill in the blank). What makes you think you will do differently?"

I invite you to break yourself free from fear and doubt. Ask God for guidance in finding your passion or passions. Is uncovering and living your Divine Life's Purpose important to you?

So many times, I have looked at courses and articles on finding your purpose and it said you would create this lofty, pie in the sky mission statement. Because that isn't the person I am, I felt as though something was wrong with me. I later realized that I did not have to have a statement such as, "I want to teach people in the Amazon how to read and grow crops to feed everyone; I want to save the rainforest or my purpose is to protect the unprotected." Your purpose is **YOUR** purpose not the person who is helping you find it.

Therefore, I am giving you permission to be selfish. You can become the best garbage collector in town because someone needs to

keep the city clean. You can become the greatest tailor because people need to wear clothes and you want to make sure that they fit properly. You can become a librarian so people can enjoy books and enrich their minds. You can become a professional student or famous artist or musician or farmer or even an attorney. All of these and many more are valid choices because it is **your** purpose.

When you are living your life with passion, you are happy. You are doing what gives you pleasure. You may pick something that will generate lots of joy, happiness and compassion. It may be something that creates an abundant life or not. When you do what you love, you will have all that you need.

The process below will allow your purpose or passion or your deepest desires to come to the surface. Plan to spend about two or more hours over 2-3 sessions in discovery.

Gather to yourself paper and pencils because you are going to do a lot of writing and soul searching. Write as many things that come to mind that correspond to the statements or questions below. Include anything else that comes to the surface of your consciousness. Find a comfortable location to relax and write.

*"Many men go fishing all of their lives without  
knowing it is not fish they are after."*

*- Henry David Thoreau*

### Finding Your Purpose

1. In this exercise, you are going to use *The One Command*<sup>®</sup> to help you change or improve your life. Form your command or use these to help you bring to the surface the things you need to know. The examples are:

- a. I don't know how **I know my passion and purpose.**  
I only know I do now with the help of the Holy Spirit and I am fulfilled.
  
- b. I don't know how **I live my life with confidence, gratitude and trust** I only know I do now with the help of the Holy Spirit and I am fulfilled.
  
- c. I don't know how **I do the things that I am destined to do. I only know I do now with the help of the Holy Spirit and I am fulfilled.**

2. Go through the six-step active meditation process of *The One Command*<sup>®</sup>. Expand and think of all the ways living your purpose will manifest itself in your life. Ask for what you desire, so you can know what it is and learn how to implement it into your life.

If English is not your first language, make sure you say the command/s in your native tongue. This is the language of your sub-conscious mind.

3. As a child, what characters did you play the most? i.e. Were you always the teacher when you played school? Did you imagine

being in the kitchen trying recipes. Did you play doctor, lawyer, nurse, or firefighter?

4. When I am engaged or active in \_\_\_\_\_ I lose track of time.

5. My friends and family always ask me why I love to \_\_\_\_\_.

6. People always ask me to \_\_\_\_\_ because I am so good at it.

7. I am inspired when I hear, see, or do \_\_\_\_\_.

8. What are your gifts or talents?

9. What do you do that comes naturally?

10. If you were independently wealthy, what would you be doing now? What would you do to give back to the community? What would you do while being happy?

11. If you had the opportunity to teach, what subject would you choose?

12. Form a statement that describes what you enjoy doing the most. It may be more than one.

13. Ask your Creator for additional information to come to you in the next 3 days that will lead you to your purpose.

14. Walk away from what you have written for 3 days. At the end of three days sit down with a new set of paper and go through the exercise as many times as necessary (always with 3 days rest) until you feel you have gotten it right. However, eliminate items until you have your top three. One or all of these three is your purpose.

After the final round of ideas (no more than 3), take them for a test drive. If you have to go school to train in the talent, find a location that will allow you to shadow someone in that profession. This will give you even more information as to whether this is your purpose or not.

“Our minds are finite, and yet even in these circumstances of finitude we are surrounded by possibilities that are infinite, and the purpose of life is to grasp as much as we can out of that infinitude”

- Alfred North Whitehead (1861-1947)

### **How do you know you have chosen the right path?**

*“You were born with an inner guidance system that tells you when you are on or off purpose by the amount of joy you are experiencing. The things that bring you the greatest joy are in alignment with your purpose”*

**- Jack Canfield**

I found my passion by accident. The company I was working for sent me to Chicago to act as a laboratory assistant during an 8-week training course. During that time, the manager asked me if I would teach one of the lessons. I said sure and studied the material for several days. The experience was horrible and embarrassing. I had no skill. I knew the material well. However, I did not know the proper way to teach. What I thought was obvious was not. I ended that class so humiliated I swore I would never teach again. God had different plans for me.

About three years after returning to my home office from that fateful temporary assignment, I was asked to join three other employees in teaching an all day seminar. Since I was not teaching a technical subject, I decided to try it. My first presentation lasted 45 minutes and went well. Then one of the employees was promoted to another office and I was assigned another module to teach. Another member left and now I was teaching half of the class. Yes, the last one left and I was now teaching all day. Little by little, over a period of about one year, my skills got better. I realized that I enjoyed what I was doing and I desired to have this as my main profession. This led to my eventually moving to the Dallas, Texas area as a full-time instructor.

It finally dawned on me that as a child, I always played the

teacher when we played school. Surprise, my passion and purpose had been there. God made a way for me to become what he had put into my heart.

Today I am still fulfilling my purpose even though it is in a different manner. I am still teaching adults and I am writing books instead of course material.

**How will you know when you have found your purpose; your joy; your passion; your destiny?**

You will know that you have found your purpose, when you smile at the end of the day or you ask where the time went.

You will know that you have found your passion, when you are happy with your work and you talk about it all the time.

You will know you are doing what you love to do, when you are planning how you can do things better or easier or help more people.

You will know that you have found your passion, when you are singing while you work.

When you have the right path, you will know, inside and out.

*Many are the plans in a person's heart,  
but it is the LORD's purpose that prevails.*

- Proverbs 19:20-22

**"Just as you have believed,  
let it be done to you"**

**- Matthew 9:29**

**And It is so!**

Thank you for reading

**"FINDING YOUR PURPOSE"**

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The Law of Attraction  
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*The One Command* is a 6-step process created by Asara Lovejoy in her book "The One Command." Currently her book is temporarily out of print. I have a few available at the link above and we are taking pre-orders for the re-release in September.

### **Author Information**

Beverly Fells Jones has had major success within the corporate world and as a small business owner. She has trained thousands of individuals worldwide and as a presenter at major conferences and training events, she has helped facilitate learning in many ways.

Having been personally trained by Asara Lovejoy, the author of the book *"The One Command"* and by Kathryn Perry, her business partner, Beverly uses *"The One Command® Command"* she helps others learn and apply the technique to the issues of their life enabling them to realize real physical change in their neurology and biology. As a Practitioner, she guides clients to quiet the old firing programs and replace the negative voice with a neutral voice. In this way, any new potential may simply and easily rise to the surface to become the new prime directive of her clients reality. Hours are by appointment, either in person or via telephone.

Beverly assists her clients in reaching their greater capacity, thus they experience lasting results and gain tools that continue to empower them long after the session is complete. Private sessions, over the telephone or in person, are available by appointment only. You can get the help you need in applying the 6-step process of *"The One Command®"* no matter where you live.

We all have had "Ah-ha" moments at times in our lives. "*The One Command*" enables us to access our subconscious to have an "Ah-ha" moment on demand.

## Services

In addition to the private sessions, Beverly offers a variety of talks and classes ranging from a 30-minute introduction to three-day intensives. She has many classes designed in two to four-hour formats, as well as one, two or three day seminars. Contact her with your inquiries for private sessions, seminars, training or speaking opportunities.

Ms. Jones is a Certified Hypnotist and has been trained in Silva Ultramind ESP, Silva Life System, and in many other areas too numerous to mention. Ms. Jones is single with 2 children and 2 grandchildren.

## Contact Information

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