MANIFESTING THE LIFE YOU WANT

Prime Directives for Abundant Living

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Free Chapter

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DEDICATION

This book is dedicated to all of you who strive to live your dreams by taking the leap of faith in your life and who show each and every day it is worth the effort to live in your truth.

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My greatest acknowledgement is to "The Creator of All That Is" for laying the path that I am taking and showing me how to share my gifts and knowledge with others.

"Man has always blamed others for that which he is and will continue to do so until he find himself as cause of all. "I AM" comes not to destroy but to fulfill. "I AM," the awareness within you, destroys nothing but ever fill full the molds or conception one has of one's self. It is impossible for the poor man to find wealth in this world no matter how he is surrounded with it until he first claims himself to be wealthy. For signs follow, they do not precede."

- Neville Goddard - At Your Command

PREFACE

My first book in this genre was "Christianity, the Law of Attraction and the One Command." In it I described the Bible principles that are plainly stated throughout the sacred writings of the Old and New Testaments and how to use the information to make changes to your life.

Because I have continued to learn and have found more profound information to share, writing this book is a natural progression. It is designed to deepen your knowledge of an area which has been and still is vilified by those who do not understand the Universal Laws God put into place to help us.

If you had never heard about radio waves or electricity you would be like island natives who had never seen a cell phone before and thought of it as some kind of evil magic. In the same way, some people think of the concept of the "Law of Attraction" as something evil or magical. Because of this they never learn about it, even though it affects them every single day.

To calculate how long it takes a ball dropped from the top of a building to hit the ground you have to know the rules regarding gravity. If you don't know the rules, concepts or steps you may calculate the time successfully sometimes and get the results you expect, and at other times get nowhere close or come up with no answer at all. The same is true of the Law of Attraction; for many it is a hit or miss endeavor of manifesting small things or nothing at all.

¹ Jones, Beverly Fells. *Christianity, The Law of Attraction and The One Command.* Authorhouse, 2012. http://tinyurl.com/qfptnk4

One of the first songs a young pianist learns is Chopsticks. This simple tune can become a major musical piece when you know the rules of tempo, cords and placement of your hands on the keyboard, as well as how to read music. In like manner, you must learn how the Law of Attraction works, understand its nuances, document and practice each and every day in order to master this particular law and use it to your advantage. Just like with Chopsticks, start with very simplistic requests and then build to your heart's desire.

Within Sacred Writings this law is given through examples or statements such as Matthew 21:22 which states, "If you believe, you will receive whatever you ask for in prayer."

Matthew 7: 7-8 states, "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. **For everyone** who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened."

Everyone who asks receives. There are no restrictions and no requirements because Universal Laws of the Universe cover everyone just like gravity.

One of the most amazing things I have experienced in this walk is peace. Just knowing that prayer happens all day every day with every word that comes from my mouth and that every prayer is answered frees me from worry. I have learned from master teachers to open my mind, not to fear the unknown and to ask for and expect guidance in all areas of my life.

Am I perfect in using this awesome ability the Creator of the Universe has given me? No. Various things tend to show up really quickly, some things show up on a slower time line and amazingly there are times when something "better" comes into my life. I know

each time I record a manifestation or I write about it in my <u>blog</u>,² I reinforce my belief level and clear any limiting ones from my mental programming.

John 14:15-17 says, "If you love me, keep my commands. And I will ask the Father, and he will give you another advocate to help you and be with you forever—the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and is in you."

I live in the truth that the spirit of the Creator of this Universe lives inside me. This helper, which is called "The Holy Spirit" by many, guides my angels and me to act in the highest and best good for all concerned. I encourage you to know this helper, by whatever name you choose to call it, because it is guiding you also.

Throughout this book I refer to the Creator by several names which include Universal Mind, Higher Intelligence, God and The Creator of All That Is or simply, the Creator. I believe there is one awesome interconnected force in the universe that has been called by many names. Within this book these are my choices.

Use this book, as you may have used "Christianity, The Law of Attraction and The One Command," as a guide to help you manifest the life you want.

In Gratitude, Beverly Fells Jones

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² http://commandingyourlife.com

INTRODUCTION

"All censorships exist to prevent anyone from challenging current conceptions and existing institutions. All progress is initiated by challenging current conceptions, and executed by supplanting existing institutions. Consequently, the first condition of progress is the removal of censorship." — George Bernard Shaw, Mrs. Warren's Profession

In this world, most people have the greatest personal desire to live a healthy, happy, joyful life filled with abundance. The issue for many has been how to achieve the result easily or even at all.

Many times during our lives we have heard the saying "life is hard" and we have completely accepted this mental programming. We believed our parents, teachers, clergy, and friends when they said we had to work hard and there were no guarantees of a successful life.

How would you be different if you were able to live your life easily in abundance? What if being and doing what you wanted was as simple as thinking in detail about what you desired and then acting through inspiration? The old saying, "Be careful what you ask for (mentally or verbally) because you may just get it," is true. You can look at the Bible passage at Matthew 9:29, "According to your faith let it be done to you," or the one in Mark which says "If you have faith as small as a mustard seed," to realize life is to be less complicated. Yet many continue to believe it is supposed to be hard. Therefore it is, because they think and act as they have been taught.

Improving your current life can be as simple as altering the way you think about yourself, your belief system, your job or your relationship with others and then, acting on those changes.

Because most people have the established belief things are difficult to achieve and they should be content with the life they have, making a change in their thoughts, habits, and beliefs is very challenging. To change to a whole new system of beliefs takes perseverance, time and determination. Some will push through, others will breeze through, and still others will fall by the wayside and continue in the beliefs of their youth.

Still others reject the notion that how you think affects your life. They continue to blame outside sources, such as the boss, the company, the government, their spouse, their children, or the ice cream man. They never look inside themselves. They never take a moment to reflect on how their thinking affects the way they behave, which in turn effects what comes into their life. They never look for a way to change things. They appear to be stuck in their "stuff."

By far the greatest ignorance of mind is to reject something about which you have no knowledge or you have very little understanding. What if by embracing a brand new idea or belief (which could be completely foreign to you) you could make your life better? The Hebrew Scriptures (Old Testament) in the book of Hosea, Chapter 4:6 states, "My people are destroyed from lack of knowledge." Therefore with the proper knowledge and training, needed change can come easily to those who want a better life now.

Which of these are you? Obviously by reading this book you have chosen to open your mind to the possibility of change. Today you are starting the process of changing your mind to change your life. Today you are joining the Abundance Revolution.

"Man fails to do the works of Jesus Christ because he attempts to accomplish them from his present level of consciousness. You will never transcend your present accomplishments through sacrifice and struggle. Your present level of consciousness will only be transcended as you drop the present state and rise to a higher level. You rise to a higher level of consciousness by taking your attention away from your present limitations and placing it upon that which you desire to be. Do not attempt this in daydreaming or wishful thinking but in a positive manner. Claim yourself to be the thing desired. I AM that; no sacrifice, no diet, no human tricks. All that is asked of you is to accept your desire. If you dare claim it, you will express it."

- Neville Goddard, Your Faith is Your Fortune

PLANTING THE SEEDS OF YOUR DESIRES

And He said, "The kingdom of God is as if a man should scatter seed on the ground, and should sleep by night and rise by day, and the seed should sprout and grow, he himself does not know how. For the earth yields crops by itself: first the blade, then the head, after that the full grain in the head. But when the grain ripens, immediately he puts in the sickle, because the harvest has come."-Mark 4:26-29

Scripture states, "The kingdom of God is within", therefore, this passage in Mark is telling us how our desires can manifest. When you visualize in detail what you desire, while in the meditative state, it is like scattering seed upon the ground. This is because when you visualize the outcome of your desire, you scatter the energy of the idea upon the field of manifestation which is called the "Thinking Stuff" by writers such as Wallace Wattles (The Science of Getting Rich) or "the ether" by Napoleon Hill (Think and Grow Rich). Your thoughts are like seeds being blown by the wind. Some will fall on fertile ground and others will fall in the cracks or on unfertile soil. The seeds that fall on fertile ground and are nurtured in the proper way will sprout and begin to grow. As verse 27 tells us, we don't know how the desire or request will manifest. We only know, without a doubt it will.

I enjoy gardening. Each spring I loosen the soil so I can plant my vegetables and flowers. I dig a hole, put in fertilizer, water and the seed. Over a period of days, the seed begins to sprout and then it begins to grow into a vine for cucumbers or a tomato plant or whatever was planted. The amazing thing here is I don't know how the plants grow. Yes I learned about plants in school and about photosynthesis but that is not the issue. The issue is I had a desire to have vegetables in my garden. I planted the seeds with the knowledge, given the right circumstances, my plants would grow to maturity.

It is also true of your desires. You plant the idea upon the thinking stuff or ether by visualizing in detail the outcome of what you want. In my mind, to visualize is like broadcasting over the television. I have pictures and sound and color of what I want it to look and feel like when my desire manifests. An example would be asking for a new vehicle. You know what type of vehicle you want. You know the make, the model, the color, the engine type and anything else you desire for the vehicle of your choice. The sowing of your seed begins when you go into the meditative state to visualize how it feels to be driving the vehicle of your choice. You must feel as though it is already yours just as I did when I planted my vegetables. I knew they would grow to maturity.

You have no idea how you manifest that new car or truck you only know you have sown the seeds and asked the God of your heart to supply it to you. The more real your desire feels emotionally, the better. Get excited about it!

The scripture goes on to say the earth yields crops by itself. What does that mean to you? Does it mean you don't have to do anything? Sometimes it is true. There are other times when you have to water and fertilize after you have planted the seed. This is what I refer to as INSPIRED ACTIONS. You may be inspired to go to a certain location or call a certain person. You may be inspired to do, be or say what is necessary for your desire to mature and manifest. Just like a seed!

A grandmother, I will call her Mary, was without a car. To manifest one she visualized the make, the model, and the color of the car she wanted. She was taking public transportation and each day she would imagine driving in her new car and feeling the sensations as though it was already hers. Several days later, her daughter-in-law brought her grandchildren over to her so she could babysit. The daughter-in-law said she had a couple of papers she needed Mary to sign. One of the papers was the title to a car she and her husband owned. They were giving it to Mary. The car was the same make, model and color Mary wanted. The only difference was it was an older one but it was new to her. This was fine with her. She had manifested a car without doing anything other than a frequent focused visualization. This is not to say you will manifest a car in the same manner.

Feel as though it is already yours. Feel it's real and visualize exactly the outcome you desire. These are the keys to success in planting the seeds so you may reap the harvest.

To order the entire book click here.

If you found this book helpful please take the time to leave a review on Amazon.com or BarnesandNoble.com. Tell your friends about this book so that I can be a catalyst to their success. Thank you.

ABOUT THE AUTHOR

Beverly Fells Jones' past and present experiences, as a wife, a mother, and one of IBM's top performers for 29 years and Hewlett-Packard for over a decade, have prepared her to become an advisor, consultant, and a confidant to individuals and companies who want to perform to their highest capacity. Ms. Jones' principal area of concentration is in personal development. She develops cutting-edge training and facilitates the advancement of individuals, by the thousands, worldwide.

As a Certified Hypnotist Coach, Seminar Leader, International Speaker and author of three enlightening books, Beverly helps you learn and apply techniques to your life desires, enabling you to realize real change, mentally and physically. She assists in clearing away stumbling blocks to success and is a master at peeling away the layers of limiting thoughts that keep a person from fulfilling their dreams. Using proven processes that tap into the Alpha and Theta Brain wave states of mind, she teaches how to become the master of your own destiny.

Beverly helps to empower you to change your mental programming by neutralizing the negative voice and then reprogramming your mind towards success. This change opens you to the potential of creating a new reality for yourself. Within a short amount of time, you begin to live life from a completely new perspective, naturally and easily.

Ms. Jones is available for speaking engagements and leading specialized programs. She offers a free 30 minute "Breakthrough Strategy Session" through her website. Go to http://commandingyourlife.com and choose services.

Ms. Jones graduated from Dallas Baptist University with a BS and MBA. Beverly is a Certified Silva UltraMind ESP Instructor and holds additional certifications in a myriad of other subject matter.

Connect with Beverly

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Publications available from all book outlets

"Christianity, The Law of Attraction and The One Command, Bible Principles Revealed and Applied to everyday Living," 2012, Authorhouse,

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